

## The Bristol Holistic Building Forum Information Sheet April 2009

### Purpose

**Bristol Holistic Building Forum**



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The Forum is a group of building professionals with an interest in sustainable building and the issues involved. As there seem to be many opinions on what constitutes sustainability, the purpose of the Forum will be to educate, inspire and network.

Holistic building indicates an awareness of the importance of buildings to the environment, human health and our overall well-being.

### Vision

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The Forum is an opportunity to sift through pros and cons of using different building materials and the reasoning behind using them

Each month we will invite guest speakers who are experts in their fields. There will be time for networking and for asking questions.

There will be a short general educational slot followed by an in-depth analysis of a sustainable building topic, lasting approx. one hour.

### Aims

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The Forum aims to educate and train general builders in the use and principles of sustainable building procedures and materials.

The Forum also aims to help members of the public understand the issues, costs and benefits and to assist them to make informed choices around sustainable building.

It will provide a fantastic opportunity to network with like-minded people and share your passion for sustainable building practices.

### Details

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The Forum will start at 6pm (for the purchase of drinks and food if required). The first talk will start at 6.45pm.

The main speaker will start at 7.00pm and talk for approximately one hour. There will then be half an hour for questions and networking.

The address where the Forum will be held is: **The Kitchen Café/Bar, 31 Zetland Rd, Redland, Bristol BS6 7AH.** Click [here](#) for directions.

### Summer Dates

**Bristol Holistic Building Forum**



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**Tuesday 5<sup>th</sup> May.** Setting the agenda. Do you think there a need for this forum? If so, what would you like to hear and if you have an area of expertise, would you do a presentation?

**Tuesday 9<sup>th</sup> June** with Guest Speaker **Neil May** from NBT (Natural Building Technologies), the leading expert on natural building and recently advisor to Prince Charles.

**Tuesday 7<sup>th</sup> July.** **Lucy Pedler**, local architect and founder of The Green Register, will talk about the issues involved in upgrading old housing stock and how she eco-renovated her home.

Please RSVP to 0117 9098090 or email [info@urbanebuilding.co.uk](mailto:info@urbanebuilding.co.uk)